



| | | | | | | | | | |
|--|-----------|--|----------|---|----------|--|----------|---|-----------|
| 2 | Kcal 1113 | 3 | Kcal 901 | 4 | Kcal 876 | 5 | Kcal 952 | 6 | Kcal 780 |
| LENTEJAS A LA JARDINERA/LENTILS AND VEGETABLES STEW | | PAELLA VALENCIANA/VALENCIAN PAELLA | | PURÉ DE CALABACÍN ECO/ECO ZUCCHINI PURÉE | | TALLARINES NAPOLITANA/NOODLES WITH TOMATO SAUCE AND CHEESE | | SOPA DE LETRAS/LETTER PASTA AND CHICKEN SOUP | |
| HAMBURGUESA DE AVE -AROS DE CEBOLLA/CHICKEN HAMBURGER AND ONION RINGS | | CALAMARES REBOZADOS-ENSALADA/BATTERED SQUID-SALAD | | POLLO CON VERDURAS-ENSALADA/ROASTED CHICKEN WITH VEGETABLES-SALAD | | POTAJE DE PATATAS,PESCADO Y GAMBAS-ENSALADA/POTATOES,FISH AND PRAWN STEW-SALAD | | TORTILLA DE JAMÓN YORK-ENSALADA CON QUESO/HAM OMELET-CHICKEN SALAD | |
| FRUTA/FRUIT | | FRUTA/FRUIT | | FRUTA/FRUIT | | FRUTA/FRUIT | | YOGUR/YOUGURT | |
| 9 | | 10 | Kcal 983 | 11 | Kcal 974 | 12 | | 13 | Kcal 1012 |
| | | ARROZ A LA CUBANA/WHITE RICE WITH TOMATO SAUCE AND HARD-BOILED EGG | | MACARRONES BOLOÑESA/MACARONI BOLOGNESE | | | | ALUBIAS ESTOFADAS/STEWED BEANS | |
| | | LONGANIZAS/ENSALADA-SAUSAGES/SALAD | | BACALAO EN SALSA DE PIMIENTOS/COD IN PEPPER SAUCE | | | | ALBÓNDIGAS JARDINERA-ENSALADA HAWAIANA/MEATBALLS IN VEGETABLE SAUCE-HAWAIAN SALAD | |
| | | FRUTA/FRUIT | | PERA ECO/ECO PEAR | | | | ACTIMEL | |
| 16 | Kcal 914 | 17 | Kcal 901 | 18 | Kcal 925 | 19 | Kcal 985 | 20 | Kcal 974 |
| HERVIDO VALENCIANO/VEGETABLES BOILED | | SOPA DE PESCADO/SOUP FISH | | LENTEJAS CASERAS/HOMEMADE LENTILS STEW | | ARROZ AL HORNO/OVEN-BAKED RICE | | MACARRONES POMODORO/POMODORO MACARONI | |
| GOULASH DE TERNERA CON VEGETALES-ENSALADA/GOULASH OF CALF WITH VEGETABLES-SALAD | | ESCALOPE POLLO EMPANADO/ENSALADA-BREADED CHICKEN/SALAD | | LOMO ADOBADO-ENSALADA DE MANZANA/MARINATED PORK LOIN-APPLE SALAD | | ENSALADA DE QUESO FRESCO/SALAD WITH FRESH CHEESE | | MERLUZA EN SALSA VERDE-ENSALADA/HAKE IN GREEN SAUCE-SALAD | |
| FRUTA/FRUIT | | FRUTA/FRUIT | | FRUTRA/FRUIT | | FRUTA/FRUIT | | NATILLA DE CHOCOLATE/CHOCOLATE CUSTARD | |
| 23 | Kcal 952 | 24 | Kcal 974 | 25 | Kcal 857 | 26 | Kcal 954 | 27 | Kcal 768 |
| PATATAS CON MAGRO/PORK AND POTATOES STEW | | ESPIRALES CON CHORIZO/PASTA WITH CHORIZO | | CREMA DE LEGUMBRES CON VERDURA ECO/LEGUME PURÉE ECO | | ARROZ "AMB FESOLS I NAPS"/RICE WITH BEANS AND TURNIPS | | SOPA DE POLLO CON SÉMOLA/CHICKEN SOUP WITH WHEAT SEMOLINA | |
| JAMONCITO POLLO ASADO CON CIRUELAS-ENSALADA/GRILLED CHICKEN THIGH ROASTED WITH PLUMS-SALAD | | CAELLA A LA VIZCAÍNA-ENSALADA/BLUE SHARK IN PEPPER SAUCE | | GOULASH PAVO+PASAS Y ALMENDRAS-COUS COUS/GOULASH OF TURKEY WITH RAISINS AND ALMONDS-COUS COUS | | VERDURAS EN TEMPURA-ENSALADA/VEGETABLE TEMPURA | | LOMO AL AJILLO-ENSALADA TROPICAL/PORK LOIN IN GARLIC SAUCE | |
| FRUTA/FRUIT | | FRUTA/FRUIT | | FRUTA/FRUIT | | FRUTA/FRUIT | | YOGUR/YOUGURT | |
| 30 | Kcal 834 | 31 | Kcal 967 | | | | | | |
| PAELLA DE MAGRO Y VERDURAS/RICE WITH PORK AND VEGETABLES | | CREMA DE CALABAZA ECO/ECO PUMPKIN CREAM | | | | | | | |
| PANACHE DE JAMÓN Y LOMO/PORK LOIN AND COOKED HAM | | PIZZA BARBACOA/BARBACUE PIZZA | | | | | | | |
| FRUTA/FRUIT | | NATILLA DE VAINILLA/VAINILLA CUSTARD | | | | | | | |



ISO 9001
BUREAU VERITAS
 Certification

